| Each Child | Tips for Parents: Find time to be alone with
|           | Restaurant
|           | Home: couples look at each other and talk
|           | There are four basic languages

### Language of Words

- Thanks for getting the baby: after lunch upingtonight
- I really appreciate your washing the dishes tonight
- You look sharp in that suit

### Language of Service

- You go do
- Doing things you know your spouse would like
- Parenting is a service-oriented vocation

### Language of Touch

- Touch is more than sexual

- Love language

- Love language

### Language of Quality Time

- Your make speech of Quality Time

- Does your make always want you undivided

- Does your make always want you undivided

- Love language

- Love language

- Love language

### Language of Gratitude

- This is when you need to hear those three little words: I love you, a lot. Little words of encouragement, words of appreciation.

### Language of Service

- You go do
- Doing things you know your spouse would like
- Parenting is a service-oriented vocation

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## Comments

- Effective communication is key.
- Make time for each other.
- Express appreciation.
- Be present.
- Create quality time.

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**Personal Commitment:** Personal commitment is crucial in any relationship. It involves making a personal commitment to the well-being of the relationship and the personal growth of both partners. This includes setting priorities, making time for each other, and working through challenges together.

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**Tips for Creativity:** To maintain a vibrant relationship, it's essential to keep things fresh and engaging. Try new activities, explore interests together, and remember to make time for spontaneous moments.

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**Love Languages:** The five love languages are: quality time, physical touch, words of affirmation, gifts, and acts of service. Each person has a primary love language that they prefer to receive love through. By understanding and valuing your partner's love language, you can enhance your connection and communication.

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**Common Mistakes to Avoid:**

- Ignoring your partner's feelings
- Not considering your partner's perspective
- Failing to communicate effectively

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**Important Reminder:** Remember that love is a choice. Even in the toughest of times, choosing to love and support your partner is key to maintaining a strong and healthy relationship.
Love Languages

**Summary of Key Principles**

1. Pure love is unconditional. We are to strive for pure love in our relationships.

2. Just because love is sent does not mean that it is received.

3. We each have a primary love language.

4. Our love language is that form of communication where we most easily "hear" and receive love.

5. We benefit from love received from all five languages, but especially from our primary language.

6. We can be hurt deeply when our primary love language is used against us.

7. A person's criticisms and complaints can be major clues to what is their primary love language.

8. Our primary love language may change over time.

9. We have "love tanks" that need to be regularly filled.

10. We need to learn to speak our loved ones' primary love languages.

11. When children feel loved (*have a full love tank*), they are much more likely to be able to receive guidance and discipline without resentment.