Deb Early’s Book Recommendation for Couples

**Sex, Love and Your Personality: The Nine Faces of Intimacy** Paperback – June 17, 2011
by Mona Coates Ph. D. (Author), Judith Searle (Author)

**Back From Betrayal: Recovering from the Trauma of Infidelity** Paperback – April 21, 2015
by Jennifer P. Schneider M.D. (Author)

**How Can I Get Through to You? Closing the Intimacy Gap Between Men and Women** by Terrence Real

**The State of Affairs: Rethinking Infidelity** by Esther Perel

**Mating in Captivity: Unlocking Erotic Intelligence** by Esther Perel

**Divorce**

**Separating Together**, Stewart, Copland, Chester, Malley, & Barenbaum

**Life After Divorce**, Sharan Wegsheider-Cruse

**The Parents Book About Divorce**, Richard A. Gardner

**The Kids Book Of Divorce**, Eric Rofes (ed)

**Divorce and After**, Paul Bohannan (ed)

**Divorce, Making the Break**, David Bell

**Through the Eyes of Children: Healing Stories for Children of Divorce**, J. R. Johnson

**Dinosaur’s Divorce**, Brown & Brown (for little children)

**Crazy Time: Surviving Divorce and Building a New Life**, Abigail Trafford
RECOMMENDED BOOKS ON THE ENNEAGRAM

✓ *The Enneagram Made Easy: Discover the 9 Types of People*

The best book to give to friends to introduce Enneagrams. Cute illustrations provide a simple overview which focuses on the positive aspects of each personality. Lacks in-depth analysis, but provides accurate descriptions of what to do and not do with each type.

✓ *The Enneagram in Love & Work: Understanding Your Intimate & Business Relationships*

This is the best summary of each Enneagram pattern. Helen Palmer is considered a top expert in this field. Her book also includes excellent summaries of all of the possible pairings in the Enneagram. You can look up and see the dynamics of your personality type with each of the other types, in both work and love relationships. We offer this for sale at the Center.

✓ *Discovering the Enneagram: An Ancient Tool for a New Spiritual Journey*

Many find Rohr's book a good introduction and summary of the Enneagram as it contains references to spiritual material. Rohr is a Jesuit priest and includes Christian material that some will appreciate and others may not respond to. This book, translated from German, may be the most difficult to find in a bookstore or library.

✓ *The Wisdom of the Enneagram,*

A good detailed summary of each Enneagram although Riso disagrees with some of the tenets of our Center For Relationships Enneagram Seminars. Take him with an ounce of salt. One of the benefits of this book are his analyzes of the Healthy, Average, and Unhealthy features of each personality. Riso has written the most books on Enneagrams.

✓ *Ennea-Type Structures: Self-Analysis for the Seeker,*

This is a profoundly intellectual book for understanding the core issues of each personality. The psychoanalytic nature of this book may make it hard to read for the layman.